

## Breakfast (Till noon)

We only serve free-range eggs and butcher's sausages

- English Classic** – smoked bacon, sausage, two eggs, tomatoes, fried mushrooms, hash brown, Heinz baked beans and doorstep toast
- Mini Breakfast** – smoked bacon, sausage, two eggs, Heinz baked beans, and doorstep toast
- Vegetarian Breakfast (v)** – two fried eggs, fried mushrooms, tomatoes, hash browns, Heinz baked beans and doorstep toast (Add large vegetarian sausage for £2)
- Eggs Benedict** – poached eggs, smoked bacon, Hollandaise sauce, all served on a warm English muffin
- Eggs Florentine (v)** – poached eggs, steamed spinach mixed with caramelized onions and peppers topped with Hollandaise sauce served on a warm English muffin
- Queen's Breakfast** – Eggs Florentine with extra smoked salmon
- Plain Croissant or Toast** – served with butter, jam, marmalade OR honey
- Filled Croissant** – with smoked salmon & Philadelphia OR ham & cheese
- Two eggs** - Fried or poached, with two sausages OR two bacons OR Mushroom and tarragon (v) on white or granary toast
- Scrambled Eggs (v)** – 3 eggs with milk and butter on toast  
With mushroom and tarragon (v)  
With smoked salmon
- Porridge** - Plain
- Porridge (v)** - with berries and sultana, honey and banana, OR dried fruit & maple syrup

## Lunch

- Homemade soup of the day** – served with doorstep buttered granary bread £5.5
- £8.50 **Quiche Of the Day** – served with salad and chips £7.9
- £7.20 **All Day Breakfast** – bacon, sausage, two eggs (fried or poached), tomato, fried mushrooms, Heinz baked beans, potato wedges and doorstep toast £8.9
- £6.50 **Classic Caesar Salad** – crispy romaine lettuce, croutons, Parmesan & Caesar dressing with avocado or sliced chicken breast £9.5
- £7.10 **Halloumi and Avocado salad** - crispy romaine lettuce, cucumber, tomatoes, peppers £8.5
- £7.10 **Tuna Salad** – crispy romaine lettuce, cucumber, tomatoes, peppers, red onion, sweet corn £9.5
- £8.50 **Breaded chicken strips** – served with salad and potato wedges £9.5
- £3.00 **Jacket potatoes** – served with salad  
Cheese and beans (v) £6.5  
Homemade chilli £8.5  
Tuna and mayonnaise £8.5  
Ham with cheese or home made coleslaw £6.9
- £5.95 **Doorstep sandwich** – served on white or granary  
Homemade Egg mayonnaise £5.5  
Chicken BLT £7.9  
Ham served with cheese OR coleslaw OR tomato OR £6.5  
pickle
- £5.50 Tuna mayonnaise and cucumber £6.9  
£6.20 Hot brie, bacon and cranberry sauce £7.2  
£7.50 Hot brie, sundried tomato's pesto and basil £7.2  
£4.00
- £5.50 **Extra Sides**  
Potato wedges or chips £2.20 Avocado £2.00  
Side Salad £2.00 Homemade Coleslaw £1.80

## Drinks

### **Tea:**

English Breakfast Tea - Earl Grey	£2.00
Peppermint - Green Tea - Lemon & Ginger- Red Berry - Chai Tea - Camomile - Decaffeinated Tea	£2.20
Chai Latte	£3.00

### **Coffee:**

Americano	£2.50
Cappuccino	£2.80
Latte	£2.80
Espresso	£2.00
Flat White	£2.50

### **Frieda's mocha:**

Classic - White - Caramel - Mint - Orange	£3.20
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### **Hot chocolate:**

Classic - White - Caramel - Mint - Orange	£3.20
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<b>Special:</b> Cream, Marshmallows and Malteasers	£3.95
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### **Freshly made juices:**

Orange or Apple	£2.95
Carrot with Apple and Ginger	£2.95
Watermelon With Apple & Lemon	£2.95

### **Freshly made smoothies:**

Strawberry & Raspberry	£3.80
Strawberry & Banana	£3.80
Passion fruit & Mango	£3.80

### **Ice cream milkshakes:**

Chocolate – Strawberry - Vanilla	£3.50
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### **Soft drink:**

Coca-Cola / Diet coke	£2.50
Still / Sparkling Water	£1.50

### **Kids:**

Hot Chocolate	£1.50
Hot / Cold milk	£2.50

## Sweets

All our cakes are homemade

<b>Cream tea</b> – sultana scones, strawberry jam and Cornish clotted cream with a pot of tea or Americano coffee	£6.5
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<b>Homemade brownie</b> – served with caramel sauce, chocolate sauce and vanilla ice cream	£4.!
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**Homemade cakes** – a selection of homemade cakes are available. Please ask for choices or refer to the cake counter

<b>Frieda's Afternoon Tea</b> – A selection of finger sandwiches, homemade cakes, sultana scones with strawberry jam and Cornish clotted cream Served with Prosecco	£15. £18.
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