

Breakfast (Till noon)

We only serve free-range eggs and butcher's sausages

- English Classic** – smoked bacon, sausage, two eggs, tomatoes, fried mushrooms, hash brown, Heinz baked beans and doorstep toast
- Mini Breakfast** – smoked bacon, sausage, two eggs, Heinz baked beans, and doorstep toast
- Vegetarian Breakfast (v)** – two fried eggs, fried mushrooms, tomatoes, hash browns, Heinz baked beans and doorstep toast (Add large vegetarian sausage for £2)
- Eggs Benedict** – poached eggs, smoked bacon, Hollandaise sauce, all served on a warm English muffin
- Eggs Florentine (v)** – poached eggs, steamed spinach mixed with caramelized onions and peppers topped with Hollandaise sauce served on a warm English muffin
- Queen's Breakfast** – Eggs Florentine with extra smoked salmon
- Plain Croissant or Toast** – served with butter, jam, marmalade OR honey
- Filled Croissant** – with smoked salmon & Philadelphia OR ham & cheese
- Two eggs** - Fried or poached, with two sausages OR two bacons OR Mushroom and tarragon (v) on white or granary toast
- Scrambled Eggs (v)** – 3 eggs with milk and butter on toast
With mushroom and tarragon (v)
With smoked salmon
- Porridge** - Plain
- Porridge (v)** - with berries and sultana, honey and banana, OR dried fruit & maple syrup

Lunch

- Homemade soup of the day** – served with doorstep buttered granary bread £5.5
- £8.00 **Quiche Of the Day** – served with salad and chips £7.0
- £6.95 **All Day Breakfast** – bacon, sausage, two eggs (fried or poached), tomato, fried mushrooms, Heinz baked beans, potato wedges and doorstep toast £8.5
- £6.00 **Classic Caesar Salad** – crispy romaine lettuce, croutons, Parmesan & Caesar dressing with avocado or sliced chicken breast £8.5
- £6.95 **Halloumi and Avocado salad** - crispy romaine lettuce, cucumber, tomatoes, peppers £8.5
- £6.95 **Tuna Salad** – crispy romaine lettuce, cucumber, tomatoes, peppers, red onion, sweet corn £9.0
- £8.00 **Breaded chicken strips** – served with salad and potato wedges £9.0
- £8.00 **Jacket potatoes** – served with salad
Cheese and beans (v) £6.5
Homemade chilli £8.0
Tuna and mayonnaise £8.0
Ham with cheese or home made coleslaw £6.5
- £3.00
- £5.50 **Doorstep sandwich** – served on white or granary
Homemade Egg mayonnaise £5.2
Chicken BLT £7.5
- £5.95 Ham served with cheese OR coleslaw OR tomato OR £6.0
pickle
- £5.00 Tuna mayonnaise and cucumber £6.5
- £6.00 Hot brie, bacon and cranberry sauce £6.9
- £7.50 Hot brie, sundried tomato's pesto and basil £6.2
- £4.00
- £5.20 **Extra Sides**
Potato wedges or chips £2.20 Avocado £2.00
Side Salad £2.00 Homemade Coleslaw £1.80

Drinks

Tea:

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| English Breakfast Tea - Earl Grey | £2.00 |
| Peppermint - Green Tea - Lemon & Ginger- Red Berry - Chai Tea - Camomile - Decaffeinated Tea | |
| Chai Latte | £2.80 |

Coffee:

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| Americano | £2.50 |
| Cappuccino | £2.80 |
| Latte | £2.80 |
| Espresso | £2.00 |
| Flat White | £2.50 |

Frieda's mocha:

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| Classic - White - Caramel - Mint - Orange | £3.20 |
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Hot chocolate:

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| Classic - White - Caramel - Mint - Orange | £3.20 |
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| Special: Cream, Marshmallows and Malteasers | £3.95 |
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Freshly made juices:

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| Orange or Apple | £2.95 |
| Carrot with Apple and Ginger | £2.95 |
| Watermelon With Apple & Lemon | £2.95 |

Freshly made smoothies:

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| Strawberry & Raspberry | £3.50 |
| Strawberry & Banana | £3.50 |
| Passion fruit & Mango | £3.50 |

Ice cream milkshakes:

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| Chocolate – Strawberry - Vanilla | £3.20 |
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Soft drink:

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| Coca-Cola / Diet coke | £2.50 |
| Still / Sparkling Water | £1.50 |

Kids:

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| Hot Chocolate | £2.50 |
| Hot / Cold milk | £1.50 |

Sweets

All our cakes are homemade

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| Cream tea – sultana scones, strawberry jam and Cornish clotted cream with a pot of tea or Americano coffee | £6.0 |
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| Homemade brownie – served with caramel sauce, chocolate sauce and vanilla ice cream | £4.5 |
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Homemade cakes – a selection of homemade cakes are available. Please ask for choices or refer to the cake counter

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| Frieda's Afternoon Tea – A selection of finger sandwiches, homemade cakes, sultana scones with strawberry jam and Cornish clotted cream | £14. |
| Served with Prosecco | £18. |



Food allergies and intolerance

Customers are advised to let our staff know if any food may cause allergic reaction prior to order.